

Route 7 - COUNTER CLOCKWISE								
Pleasant Hill BART - Walnut Creek BART								
Mitchell Park 'n Ride - Pleasant Hill BART								
Leave BART Pleasant Hill	Buena Vista/ First St	Arrive BART Walnut Creek	Leave BART Walnut Creek	Marchbanks/ Ygnacio Valley	Arrive Mitchell Park 'n Ride	Leave Mitchell Park 'n Ride	Bancroft/ Stratton	Arrive BART Pleasant Hill
	C			B			A	
6:20	6:25	6:35	6:45	6:54	7:09	7:10	7:15	7:35
7:00	7:05	7:15	7:25	7:34	7:49	7:50	7:55	8:15
7:40	7:45	7:55	8:05	8:14	8:29	8:30	8:35	8:55
8:20	8:25	8:35	8:45	8:54	9:09	9:10	9:15	9:35
9:00	9:05	9:15	9:25	9:34	9:49	9:50	9:55	10:15
10:45	10:50	11:00						
3:50	3:55	4:05	4:15	4:24	4:39	4:40	4:45	5:05
4:30	4:35	4:45	4:55	5:04	5:19	5:20	5:25	5:45
5:10	5:15	5:25	5:35	5:44	5:59	6:00	6:05	6:25
5:50	5:55	6:05	6:15	6:24	6:39	6:40	6:45	7:05
6:30	6:35	6:45	6:55	7:04	7:19	7:20	7:25	7:45
7:10	7:15	7:25	7:35	7:44	7:59	8:00	8:05	8:25

Route 7 - CLOCKWISE								
Pleasant Hill BART - Mitchell Park 'n Ride								
Walnut Creek BART - Pleasant Hill BART								
Leave BART Pleasant Hill	Bancroft/ Stratton	Arrive Mitchell Park 'n Ride	Leave Mitchell Park 'n Ride	Marchbanks/ Ygnacio Valley	Arrive BART Walnut Creek	Leave BART Walnut Creek	Buena Vista/ First St	Arrive BART Pleasant Hill
	A			B			C	
6:00	6:05	6:16	6:17	6:30	6:41	6:51	6:57	7:15
6:45	6:50	7:01	7:02	7:15	7:26	7:31	7:37	7:55
7:20	7:25	7:36	7:37	7:50	8:01	8:11	8:17	8:35
8:00	8:05	8:16	8:17	8:30	8:41	8:51	8:57	9:15
8:40	8:45	8:56	8:57	9:10	9:21	9:31	9:37	9:55
9:20	9:25	9:36	9:37	9:50	10:01	10:11	10:17	10:35
4:00	4:05	4:16	4:17	4:30	4:41	4:51	4:57	5:15
4:45	4:50	5:01	5:02	5:15	5:26	5:36	5:42	6:00
5:25	5:30	5:41	5:42	5:55	6:06	6:16	6:22	6:40
6:05	6:10	6:21	6:22	6:35	6:46	6:56	7:02	7:20
6:45	6:50	7:01	7:02	7:15	7:26	7:36	7:42	8:00
7:25	7:30	7:41	7:42	7:55	8:06	8:16	8:22	8:40